



# Children's Mental Health

# MN Mental Health System

Just a reminder that our system isn't broken –  
It was never built.

We are working to build it now.

# What's Needed

- Early childhood mental health consultation
- Multigenerational mental health teams
- Child care for MFIP only parents
- Social emotional learning
- No suspensions K-3 at least, employ other strategies for older students including restorative justice practices
- PBIS
- School support personnel
- Trauma informed schools

# What's Needed

- School linked mental health
- Respite care
- Better children's crisis teams
- Crisis residential
- More intensive in-home services
- Residential, PRTFs, Hospital beds

# What's Needed

- Address workforce shortage
- Train pediatricians in treating children with mental illnesses
- Increase suicide prevention training for teachers and school staff
- Educate SROs about mental illnesses & de-escalation
- Educate youth about mental health and mental illnesses
- Educate youth on meditation, mindfulness, yoga

# What's Needed

- Addressing poverty – MFIP grants
- Addressing housing instability
- Change child welfare/protection to focus on plausible treatment goals, support child to maintain relationships with other adults in the community
- Enforce mental health parity

# Questions?

# Contact Information

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